

One-Day Emergency First Aid at Work Course

COURSE TITLE **One-Day Emergency First Aid at Work Course**

DESCRIPTION

This new HSE approved qualification comes into effect as from 1st October 2009, along with new guidance on assessing the needs of First Aid in your workplace. Your risk assessment of First Aid needs may well identify the need for Emergency First Aiders either as an addition to your First Aiders, or where the risk of your business is low, it may well identify them as being sufficient without the need of additional First Aiders.

It is critical that you familiarise yourself with the new assessment table of First Aid needs before making your decision. You can obtain a copy of this table from your training provider.

DURATION

A minimum of 6 hours consisting of theoretical and practical activities.

SYLLABUS

A range of subjects is covered including:-

- **Responsibilities and reporting**
- **Assessment of the situation**
- **Basic hygiene in First Aid**
- **Dealing with an unresponsive casualty**
- **Resuscitation**
- **Heart attacks**
- **Bleeding control**
- **Minor injuries**
- **Angina**
- **Choking**
- **Shock**
- **Seizures**

CERTIFICATION

Assessment is ongoing by the instructor, and a 3-year qualification will be issued to those who meet the criteria. In addition, the HSE strongly recommend that all students undergo an annual refresher programme of about 3 hours, although it is not mandatory.

NUMBERS

A maximum of 12 students are allowed and must be aged a minimum of 16 years or above. Bigger groups can be catered for, but the ratio must not exceed 12 students per instructor.

LOCATION

We are able to deliver this course on your site, reducing your costs in respect of additional time out and travelling.

Ray Hood Associates

Maldon

Essex

Tel: 01621 851441

M: 07768201505

rayhoodassociates@btinternet.com



Whatever your First Aid training requirement, there is a degree of flexibility within most programmes to accommodate it.

Please contact us for further information

In association with

NUCOtraining

HSE Approved Training Organisation No 29/99

